



## WORDS OF TORAH FROM RABBI BRAUN



[Watch Video Here](#)

## UPCOMING ELUL PROGRAMMING

*Happening tonight!*

# Why Not?

## Taking Account of Our Souls Over the Past Year

Beginning the Process of Cheshbon HaNefesh  
with Rabbis Braun and Solochek



Tuesday, August 25 at 7 PM  
Zoom  
Registration Required

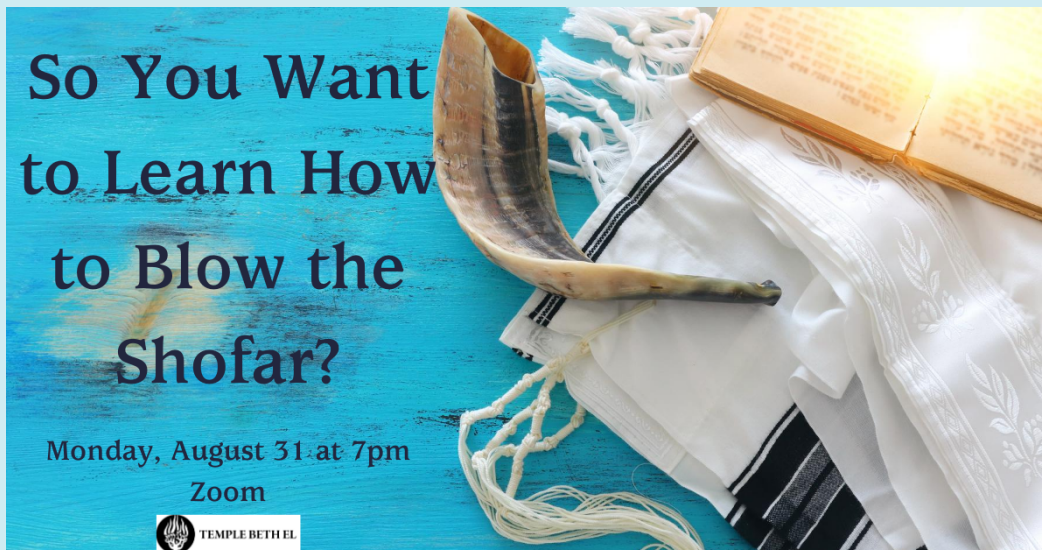


Join Rabbi Braun and Rabbi Lily Solochek (Adas Yoshuron, Rockland) for a program to prepare you for the High Holidays. Many of us show up on the High Holidays feeling like we are about to take a test for which we forgot to study! Through texts and discussion, Rabbis Solochek and Braun hope to begin the process of *Cheshbon HaNefesh*, taking account of our souls, as we ponder what is preventing us from being the humans we wish to be. All are welcome for this evening of reflection and discussion. Please register in advance to receive the Zoom link.

If you can't attend the program tonight, but would like to be able to watch the recording in the future, you should still register with the link below and you will receive the recording after it happens.

**Tuesday, August 25 at 7:00pm**

[Register Here](#)

An advertisement for a Shofar class. The background is a bright blue textured surface. In the foreground, there is a white shofar (ram's horn) with a white tassel, a white prayer shawl (tallit) with black stripes, and an open book with Hebrew text. The text on the left reads: "So You Want to Learn How to Blow the Shofar?" followed by "Monday, August 31 at 7pm" and "Zoom". At the bottom left is the Temple Beth El logo.

So You Want  
to Learn How  
to Blow the  
Shofar?

Monday, August 31 at 7pm  
Zoom

TEMPLE BETH EL

So you want to learn how to blow the Shofar? Join Karl Schatz for an informal, highly informative class that will cover the basic technique for blowing the Shofar as well as the different calls.

**Monday, August 31 at 7pm**

[https://us02web.zoom.us/j/87944283001?  
pwd=eHJpMXImODBkOUxMWEVBBbGdFaHk2dz09](https://us02web.zoom.us/j/87944283001?pwd=eHJpMXImODBkOUxMWEVBBbGdFaHk2dz09)



September 2  
6:30pm  
Zoom

## Shiviti Workshop with Camille Davidson

Join Camille Davidson, Artist/Jewish educator in creating a unique artistic piece to add to your home sanctuary during the High Holidays. This 45-minute workshop will be fun, educational, and intentional towards creating a shiviti (a traditional piece of Jewish art, typically hung on the Eastern wall of a prayer space) to add to your home prayer space. The class is designed for adults and teens, however children of all ages are welcome to join as well. No art background is necessary!

### Supply list:

- Watercolor pencils (a set of [12](#) or [24](#))
- 2-3 pieces of watercolor paper
- A #2 pencil with an eraser
- A pencil sharpener
- Brushes (optional)

Registration is required and the workshop will be limited to the first twenty people. If you would like to participate but are concerned about your ability to procure the necessary supplies, please let us know by August 28th so that we can assist you.

**Wednesday, September 2 at 6:30pm**

[Register Here](#)

## Selichot, Together

A Statewide Selichot Service

Saturday, September 12 at 8pm  
Zoom



The opportunity to pray and prepare our hearts for the High Holidays. This service, led by Rabbi Brauna, Rabbi Sruhi Dresdner (Temple Shalom, Auburn) and Rabbi Bill Siemers

(Beth Israel, Bangor) will give us an opportunity to pray, sing, and reflect as we move into the last week of Elul.

If you can't attend the program live, but would like to be able to watch the recording in the future, you should still register with the link below and you will receive the recording after it happens.

**Saturday, September 12 at 8:00pm**

[Register Here](#)

## SPONSORSHIP OPPORTUNITIES

The High Holidays might look different from years past, but that doesn't mean that everything is going to change. This year we have sponsorship opportunities for:

- High Holiday Boxes
- Shofar printing and distribution
- HHD Event Promotion
- In-person event security
- In-person event lighting
- Post HHD Staff Lunch
- Video content production

Please contact [office@tbemaine.org](mailto:office@tbemaine.org) if you are interested in sponsoring a part of our High Holiday experience.

## HIGH HOLIDAY PREPARATIONS



### Creating Sacred Space

The High Holiday Task Force has put together this wonderful resource on how to create sacred space at home for the High Holidays this year.

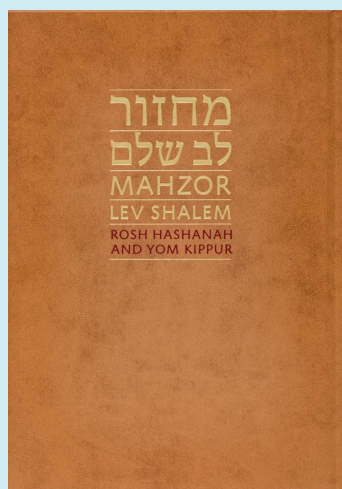
If you are looking for another way to enrich your sacred space, please attend the Shiviti Workshop with Camille Davidson!

[Click Here for the Sacred Space Guide](#)

### High Holiday Boxes!

Packed with High Holiday essentials and extras! Will be available for pick up on September 8 & 9 from 1-5pm and September 13 from 9am-12pm. If you are unable to make it to TBE at these times, please email Zoe at [office@tbemaine.org](mailto:office@tbemaine.org) to coordinate an alternative pick up time or a delivery.

Additionally, we will need volunteers to deliver boxes to those who are unable to pick them up themselves. Please email Zoe at [office@tbemaine.org](mailto:office@tbemaine.org) if you are interested in helping with this.



## Machzorim Borrowing

As we have previously mentioned, TBE will be lending out machzorim to use over the High Holidays this year. They will be available to pick up with your High Holiday Box, but if you are unable to get to TBE at that times listed above, please email Zoe at [office@tbemaine.org](mailto:office@tbemaine.org) and we can coordinate another pick up time.

All machzorim must be returned by October 1, with the option to leave them at the synagogue after Ne'ilah on 9/28. If you do not return the machzorim by October 1, you will be charged a replacement fee.

## Lulav & Etrog Orders

Place your order today!

Each set is \$43.50 and the order will be placed on **September 9**. If you would like to order a set, please email Zoe at [office@tbemaine.org](mailto:office@tbemaine.org) and you will be added to list. Payment for your set will be due upon pick up.



## Google Groups



Looking for a Rosh Hashanah Seder to "attend?" Have an extra "spot" at your meal before the fast? Interested in meeting up with a few others to have an intimate tashlich service? Well, do we have the thing for you!

TBE has created a Google Group to help coordinate any and all High Holiday virtual or in-person meet-ups. If you are interested in connecting with other TBE members, simply log into the Google Group and see if there is a group connected to that specific event and, if there isn't, you can add one yourself!

**Some things to note:**

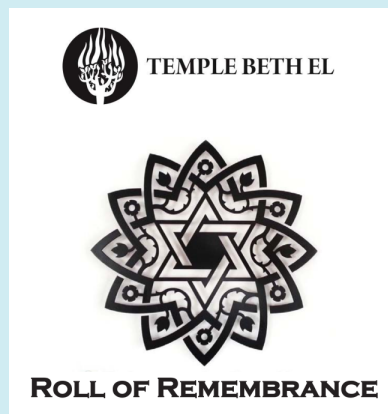
1. You will need to ask for permission to join this group. When you first click the link, you won't be able to see the content of the group, but should see a button labeled "Request Access" near the top of the page.
2. This feature is best accessed on a computer, as it has not been designed for a phone.
3. To start a new thread, you will need to click the "new conversation" button in the upper left hand corner. You will then see a pop out that looks like you're sending an email, but will just post to group.
4. The "My Membership Settings" tab found in the left hand navigation bar is where you will be able to change your display name and email preferences (you will automatically be subscribed to all email communications).

If you have any additional questions, feel free to contact Brian Allenby ([brian@allenby.com](mailto:brian@allenby.com)) or Zoe ([office@tbemaine.org](mailto:office@tbemaine.org)).

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**Roll of Remembrance**

Roll of Remembrance submissions are due on **September 1**. Please mail payment and relevant information to Temple Beth El (400 Deering Ave, Portland, ME 04103).



**HIGH HOLIDAY WEBSITE**

Feeling overwhelmed by the thought of all this High Holiday content coming your way? Don't be! Over the next few weeks, the High Holiday Task Force will launch a one-stop website that will contain all the information you will need for this High Holiday season. Keep your eyes peeled!

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If you have any questions about the High Holiday plan, please contact Rabbi Braun ([rabbi@tbemaine.org](mailto:rabbi@tbemaine.org)) or Joy Krinsky ([joykrinsky@gmail.com](mailto:joykrinsky@gmail.com)).

With every good wish,

HHD Task Force:

Brian Allenby, Sarah Allenby, Ariel Bernstein, Rabbi Braun, Ilana Dew, Barbara Dichter, Barbara Epstein, Judy Gatchell, Abby Halpern, Margaret Hathaway, Sara Kahn-Troster, Joy Krinsky (Ritual Chair), Debbie Kanter, Sandra Kornblum, Elaine Lewis, Eli Mellen, Karl Schatz, Zoe Levine Sporer, Matt Tzucker, Ben Weiss

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